

## HELP Strands Profile

### 0.0 Regulatory/Sensory Organization

# of hypersensitive responses 0  
 # of hyposensitive responses 5

### 1.0 COGNITIVE DEVELOPMENT

- 1-1 Development of symbolic play A
- 1-2 Gestural imitation A
- 1-3 Sound awareness and localization A
- 1-4 Problem solving
  - A. Object permanence 13 mo. ok
  - B. Means-ends 13 mo ok
  - C. Cause and effect 9-12 A
- 1-5 Spatial relationships
- 1-6 Concepts
  - A. Pictures
  - B. Numbers
- 1-7 Discrimination/classification
  - A. Matching and sorting
  - B. Size
  - C. Associative

### 2.0 I. LANGUAGE - RECEPTIVE

- 2-1 Understanding the meaning of words
  - A. Objects, events, relationships < 6 mo
  - B. Body parts N/A
- 2-2 Understanding & following directions < 12 mo

### 2.0 II. LANGUAGE - EXPRESSIVE

- 2-3 Expressive vocabulary N/A
- 2-4 Communicating with others
  - A. Gesturally < 6 mo
  - B. Verbally < 6 mo
- 2-5 Learning grammar & sentence structure N/A
- 2-6 Development of sounds and intelligibility N/A
- 2-7 Communicating through rhythm ? need to check

### 3.0 GROSS MOTOR DEVELOPMENT ↓ tone

- 3-1 Prone ok
- 3-2 Supine ok
- 3-3 Sitting ok
- 3-4 Weight-bearing in standing ok
- 3-5 Mobility & transitional movements ok
- 3-6 Reflexes/reactions/responses
  - A. Reflexes/reactions
  - B. Anti-gravity responses
- 3-7 Advancing postural control
  - A. Standing ok
  - B. Walking/running ok
  - C. Jumping N/A
  - D. Climbing
  - E. Stairs
  - F. Catching/throwing
  - G. Riding a tricycle
  - H. Balance beam

### 4.0 FINE MOTOR DEVELOPMENT

#### I. Foundations

- 4-1 Visual responses and tracking ok
- 4-2 Grasp and prehension ok
- 4-3 Reach/approach ok
- 4-4 Development of voluntary release ok
- 4-5 Bilateral and midline skills ok

#### II. Perceptual-Motor Integration

- 4-6 Spatial perception and planning
  - A. Pre-writing ok
  - B. Block construction ok
  - C. Formboard
  - D. Paper activities
- 4-7 Manipulative prehension
  - A. Pages
  - B. Pegboard
  - C. Stringing beads
  - D. Scissors

### 5.0 SOCIAL-EMOTIONAL

- 5-1 Attachment/separation/autonomy A
- 5-2 Development of self A
- 5-3 Expression of emotions and feelings A
- 5-4 Learning rules and expectations A
- 5-5 Social interactions and play A

### 6.0 SELF HELP

- 6-1 Oral-motor development ok
- 6-2 Dressing < 12 mo ok
- 6-3 Independent feeding ok
- 6-4 Sleep patterns and behaviors ok
- 6-5 Grooming and hygiene N/A
- 6-6 Toileting N/A
- 6-7 Household independence/responsibility N/A

#### Strand Credit Key

Record approx developmental age level (DAL) in months.  
 A = atypical, dysfunctional  
 Add "A" with DAL if 1 or 2 Strand skills were credited as "A"  
 Mark only "A" if most Strand skills are atypical  
 "N/A" if entire Strand not appropriate to assess due to age, disability, or circumstance  
 "OK" if Strand ends within 3 mo of age & final 2 skills are + with no "A" in strand.

**Note: Download additional HELP Strands Profiles at the VORT web site: [www.VORT.com](http://www.VORT.com)**